

North Sydney -Wing Chun

KUNG FU

*The ONLY martial art created by a WOMAN
Does not require size or physical strength*

Free
Private
Lesson on
joining!!!
That's \$60
worth of
value,
FREE!!!

SELF DEFENCE

RELAXATION

BALANCE

POWER

Receive
quality
instruction
from a
certified
teacher

Wing Chun Kung Fu was developed in the
Shaolin Temple some 300 years ago by a
Buddhist nun named Ng Mei

Designed by a female, this martial art can
truly make someone of smaller stature more
powerful, regardless of size and strength

Tuesdays : 6:30 - 8:30pm
Thursdays: 7:00 - 9:00pm

Upstairs at the **PCYC:**
Falcon Street,
North Sydney, 2099

Instructor Phil: 0403 259 990

PRW Wing Chun
ABN: 15098015131